**Spiritual Growth Assessment Questions for Groups**

These twelve evaluative questions were designed and intended to help believers move forward in their spiritual maturity.

What is spiritual maturity? The Apostle Paul described it this way: *“Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ. For this I toil, struggling with all his energy that he powerfully works within me” Colossians 1:28-29 (ESV). “*The spiritual mature person will resemble Jesus Christ in His character, convictions, relationships, responses, and in His outlooks and values” (Walker: *The Way*, pg.3).

This assessment tool is designed from the same twelve questions Walker developed in *The Way*. Since spiritual maturity takes time and intentionality, these questions should help clarify your current spiritual heath and identify areas for potential growth. Please pause for a moment in prayer before you begin.

**Using the response scale below, please mark your score for each question below:**

|  |
| --- |
|  **Does Partially Does Not****Describe Me Describes Me Describe Me****5 4 3 2 1** |

***The Way* Q1. Do I believe in God and acknowledge His character?**

|  |  |
| --- | --- |
| 1. I believe that I have worth and value because the God who created and designed the universe created and loves me |  |
| 2. Even when I do not feel God’s presence, or my life is difficult, I know and trust He is with me, and will never leave nor abandon me.  |  |
| 3. Because God is Holy, my desire is to be holy as well, and makes me weigh even the smallest desires that might detract from His holiness |  |
| 4. I regularly bring to the infinite God my failures, problems, challenges and disappointments in timely ways to get His guidance and help. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

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| --- |
|  **Does Partially Does Not****Describe Me Describes Me Describe Me****5 4 3 2 1** |

***The Way* Q2. Have I accepted Jesus as my Lord and Savior?**

|  |  |
| --- | --- |
| 1. Since I have accepted Jesus as my Lord and Savior, I am 100% convinced that Iwill go to Heaven when I die. |  |
| 2. I am convinced that Jesus’ sacrifice on the cross is enough to pay for all of my guilt and make me right with God.  |  |
| 3. I see my life as a path going somewhere; and as a Christian, I follow Jesus’ guidance and directives on the path of life. |  |
| 4. I know and can easily explain the Gospel, the basic Christian message, in a few minutes. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q3. Have I come to the conviction that God has a purpose for my life?**

|  |  |
| --- | --- |
| 1. I believe God’s primary purpose is for me to become like His Son Jesus. |  |
| 2. My life makes a meaningful impact on people other than myself and my family. |  |
| 3. I can confidently say, “My life matters to God.” |  |
| 4. I believe that God’s purpose and plans for me are good, despite whatever troubling circumstances I may find myself in. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q4.** **Have I resolved to pursue God wholeheartedly?**

|  |  |
| --- | --- |
| 1. I have come to a point where what God says matters more to me than what I think or what others around me think.  |  |
| 2. I am convinced that God is not satisfied with half-hearted love and obedience. |  |
| 3. How I live my life shows that pursuing God is my highest priority. |  |
| 4. I consider daily how to live my life in a way that will honor and obey Christ. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

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| --- |
|  **Does Partially Does Not****Describe Me Describes Me Describe Me****5 4 3 2 1** |

***The Way* Q5. Is my life marked by worship and prayer?**

|  |  |
| --- | --- |
| 1. I practice praying thoughtfully, persistently, and intentionally with God’s concerns and priorities in mind. |  |
| 2. I have learned to worship and glorify God through all circumstances, both good and bad.  |  |
| 3. I would sacrifice anything God asks me to no matter what the cost to me. |  |
| 4. I have made the regular worship of God with other believers one of my highest priorities. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q6. Am I learning and obeying God’s Word?**

|  |  |
| --- | --- |
| 1. I am learning what God wants from me by interacting daily in Scripture. |  |
| 2. Reading, studying, pondering and memorizing the Bible is a high priority to me. |  |
| 3. I am hungry/eager to learn from the Scripture and to be reminded of the truths that shape my life. |  |
| 4. When the Bible, as the final authority of my life exposes an area of my life that needs changing, I humbly ask God to change my heart and my mind. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q7. Am I living life responsive to God’s Spirit?**

|  |  |
| --- | --- |
| 1. When faced with an unclear decision, I trust and ask the Spirit of God to guide me. |  |
| 2. I know how to draw upon the Spirit’s power and apply the Spirit’s power when I am challenged in life. |  |
| 3. My life is regularly marked by the fruits of the Spirit (love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control). |  |
| 4. I have learned to identify the Holy Spirit’s voice as He guides me. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

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|  **Does Partially Does Not****Describe Me Describes Me Describe Me****5 4 3 2 1** |

***The Way* Q8.** **Do I recognize the presence of Satan and stand against his schemes?**

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| --- | --- |
| 1. I look at every temptation as an opportunity to resist evil and to trust Christ to meet my wants, needs, and desires. |  |
| 2. I recognize that my mind is a battleground, so I take every thought captive to obey Christ. |  |
| 3. When people confront me about my sin against them, I listen humbly and weigh their words seriously. |  |
| 4. I recognize how Satan works to discourage, distract, and hinder, and I resist and expose his schemes. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q9. Am I connecting relationally in Christian fellowship?**

|  |  |
| --- | --- |
| 1. I gather frequently with a group of Christians for fellowship and accountability. |  |
| 2. There are specific people in my church who I know are regularly praying for me, and I for them. |  |
| 3. I am closer to Christ because of my Christian friendships. |  |
| 4. I do not deceive others with my true self or present condition but am intentionally transparent with at least a few other believers. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q10. Am I using all God has given me to serve Him and others?**

|  |  |
| --- | --- |
| 1. I spend money and time on things that will bring eternal dividends. |  |
| 2. I can identify my spiritual gifts and use them to serve others.  |  |
| 3. Giving a portion of my income to God and the church is the first thing I do in my monthly budget. |  |
| 4. I am very aware that God who is good and gracious has given me all that I have and will be accountable for what God has entrusted to me. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

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| --- |
|  **Does Partially Does Not****Describe Me Describes Me Describe Me****5 4 3 2 1** |

***The Way* Q11. Am I learning to live as a contagious Christian?**

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| --- | --- |
| 1. I regularly look for and take opportunities to speak about Jesus to others. |  |
| 2. I intentionally maintain relationships with non-believers in order to share my testimony. |  |
| 3. I assume that in every situation I have a green light to speak freely about Jesus and my faith in Him and will do so until I see a yellow or red light. |  |
| 4. I know how to ask insightful questions to diagnose the spiritual condition of another and help them come to grips with the basic Christian message, the Gospel. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

***The Way* Q12.** **Am I involved in the worldwide spread of the Good News?**

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| --- | --- |
| 1. I am open to going anywhere God calls me, in whatever capacity to share my faith. |  |
| 2. I am aware of the role God wants me to play in the worldwide spread of the gospel. |  |
| 3. I feel compassion for every soul in the world who does not know Christ. |  |
| 4. I am aware of the global persecution of the church and prayerful of God’s presence to them. |  |
| 5. I feel my group is intentionally helping me grow in this area. |  |
| ***Total*** |  |

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| --- | --- | --- |
|  **ASSESSMENT SUMMARY** |  |  |
| ***TOPIC*** | YOUR SCORE | MAX SCORE |
| ***The Way* Q1. Do I believe in God and acknowledge His character?** |  | **25** |
| ***The Way* Q2. Have I accepted Jesus as my Lord and Savior?** |  | **25** |
| ***The Way* Q3. Have I come to the conviction that God has a purpose for my life?** |  | **25** |
| ***The Way* Q4. Have I resolved to pursue God wholeheartedly?** |  | **25** |
| ***The Way* Q5**. **Is my life marked by worship and prayer?** |  | **25** |
| ***The Way* Q6. Am I learning and obeying God’s Word?** |  | **25** |
| ***The Way* Q7. Am I living life responsive to God’s Spirit?** |  | **25** |
| ***The Way* Q8. Do I recognize the presence of Satan and stand against his schemes?** |  | **25** |
| ***The Way* Q9. Am I connecting relationally in Christian fellowship?** |  | **25** |
| ***The Way* Q10. Am I using all God has given me to serve Him and others?** |  | **25** |
| ***The Way* Q11. Am I learning to live as a contagious Christian?**  |  | **25** |
| ***The Way* Q12. Am I involved in the worldwide spread of the Good News?** |  | **25** |
| ***Overall Total*** |  | **300** |
|  |  |  |

This assessment was developed in the spring of 2018 as part of the Rockbridge Seminary Doctor of Ministry research project for Randy Grimes. The twelve questions were taken from *The Way*, written by Steve Walker. Fourteen Community Groups were randomly selected from Redeemer’s Fellowship in Roseburg, Oregon. The intent was to measure both the spiritual growth of community group members and to see if their group was intentionally helping them grow in these twelve areas. Contributors were: Lead Pastor Steve Walker, Community Groups Pastor, Kory Mereness and Ministry Intern, Randy Grimes.